



Arizona Swimming 2014 Long Course Age Group State Championship July 17-20, 2014

Held under the sanction of USA Swimming

Sanctioned By: Arizona Swimming Inc.

Sanction # AZ14-114

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Swim Neptune LLC, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted By: Swim Neptune

Meet Director: Samantha Kramer swimneptune@gmail.com

Meet Referee: David Brooks dbrooks@brooksandaffiliates.com

Meet Location: Mona Plummer Aquatic Center, ASU

Course: 8 Lane, 50 meter with non-turbulent lane dividers, automatic Daktronic start and timing system.

Eligibility: 1. Open to any Arizona/USA Swimming registered athlete 14 years or younger who has met the current Arizona Swimming Age Group State Qualifying Times as listed on the Arizona Swimming website. Continuous warm up will be available through the meet.

AZ Rules

Rules Governing Sanctioned Meets

1. Age on the first day of competition will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.
3. The current USA Swimming rules for competitive swimming will govern.
4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach - it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The competition course **has not** been certified in accordance with 104.2.2C(4) as to pool length.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end.
7. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.
11. All referees, starters, administrative officials, chief judges and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectfully, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AzSI issued Picture Id's to the Meet Referee
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AzSI issued Picture Id's to the Clerk of Course.
14. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshal's shall wear their identifying vests.
15. Swimmers with a disability are welcome. The Swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.

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1. This is a preliminary-final time standard meet. In all prelim/final events there will be a consolation and championship heat. The order of the final heats shall be B and A (consolation and championship).
2. **Swimmers are limited** to three (3) individual events per day, including time trials and six (6) individual events for the meet, excluding time trials. If an entry has greater than six (6) events for the meet or greater than three (3) entries for a day, the highest numbered event will be dropped until the entry limits are met.
3. **Distance Events:** (All athletes must pre enter all events.)
 - a. **The 400 Free, 800 Free, 1500 Free, and 400 IM** will require positive check-in with the Clerk of Course to compete. Deadline for check-in is 30 minutes after the start of warm-up for Session I, and one hour after the start of competition for preliminary sessions II, IV, and VI.
 - b. **Swimmers in the 800 Free and 1500 Free** are responsible for providing their own personnel for timing (2) and lap counting in preliminary sessions and Session I.
 - c. **Events 1 and 2 (10 and Under 400 Freestyle)** are timed finals events swum during Session I. Event 1 and 2 will be swum fastest to slowest alternating girls and boys. Athletes are responsible for providing their own personnel for timing in preliminary sessions.
 - d. **Event 3 thru 6 (1500 Freestyle)**, are timed finals events swum during Session I. These events will be swum as follows: Heat 1: Top 8 13-14 Girls, Heat 2: Top 8 13-14 Boys, Heat 3: Top 8 11-12 Girls, Heat 4: Top 8 11-12 Boys. Beginning with Heat 5, the remainder of the event will be functionally seeded but scored separately by age group, swum fastest to slowest alternating girls and boys by heat.
 - e. **Events 33 thru 36 (400 IM) and Events 65 thru 68 (400 Freestyle)** are timed final events. The fastest seeded heat of each age group and gender will be swum during finals. All other heats will be seeded and swum during preliminary sessions, fastest to slowest, alternating girls and boys by heat. Athletes are responsible for providing their own personnel for timing in preliminary sessions.
 - f. **Events 99 thru 102 (800 Freestyle)** are timed final events. These events will be swum during the preliminary sessions, fastest to slowest alternating girls and boys by heat after the relays.
4. **Relay Entries: Relays must have met the Arizona Swimming Age Group Relay Time Standard. Relay entries are to be made with aggregate times. All relay events are timed final events with the top 8 seeded relay teams swum during the finals sessions; all other heats will be swum during the preliminary sessions.** There will be a scratch deadline of 8 AM for relays held during Session II and III. There will be an 8 pm of the day prior to the Relay Scratch Deadline for the remainder of the Sessions Relays. Swimmers may only compete in one age group in relays of the same stroke/distance. The 13-14 200 Medley Relay will be entered using 100 of stroke times under the alternate event designation in OME.

Only two relays per team may be entered. Teams are limited to two female relay only swimmers and two male relay only swimmers per age group per relay event. No relay teams will be comprised of more than 50 percent relay only swimmers, female and male per age group per relay event. If a team enters more than two female relay only swimmers or two male relay only swimmers per age group, per event, only the first two swimmers listed will be allowed to participate. Relay only swimmers must be entered in the meet using OME by the meet entry deadline and the relays must meet the relay time standard.
5. **Time trials** may be offered at the conclusion of the preliminary sessions at the sole discretion of the Meet Referee. Time Trials do not count against the limit of six individual events for the meet, but do count towards the limit of three (3) individual events per day. Swimmers must be entered in an individual event in the meet in order to be eligible to participate in Time Trials. The USA Swimming protocol will be used for time trial event order. If time trials are offered, the 1500 M Freestyle will only be offered on Saturday and the 800 Freestyle will only be offered only on Friday. The deadline for time trial entries will be decided by the Meet Referee and posted with the Clerk of Course.
6. The **Arizona Age Group Scratch Rule** will be in effect. Any athlete qualifying for a consolation final or final competition in an individual event who fails to compete (no show) ("Failure to Compete") in either consolation final or final race shall be barred from the rest of that sessions events, including that sessions relays, and disqualified from their next individual event in the competition whether that event be a timed final event or a preliminary event.
7. **Positive Check-in Events:** There is no penalty for athletes who do not check in for a timed final event: they will simply be scratched from the event and may not compete. Failure to compete (no show) in a positive check-in event for which the athlete has checked in will result in being barred from the next individual event in which the athlete is

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entered.

8. Entries and Proof of Time: To enter, individuals must submit fastest Conforming (LC) times achieved. Fastest non-conforming times (SCM, SCY) will also be accepted. All entries, conforming and non-conforming must be the fastest times achieved in the given preceding the meet entry deadline which are equal or faster than the time standards for this meet. Events will be seeded LCM, SCM, SCY. Converted times are not permitted. All entries must be submitted through USA Swimming's OME system. The OME entry system interfaces with the USA Swimming times and membership database (SWIMS) which verifies membership status and times. Times not verified through SWIMS must be proven prior to 48 hours before the first day of the start of competition or the entry will be removed from the competition and the athlete will not be able to swim/compete in the non-verified time event.

Sessions:	Session I	Timed Finals:	Warm-up: 3:00 pm	Meet Start: 4:00 pm
	Sessions II, IV, VI	Prelims:	Warm-up: 7:00 am	Meet Start: 8:30 am
	Sessions III, V, VII	Finals:	Warm-up: 4:00 pm	Meet Start: 5:00 pm

Entries: All entries must be submitted using USA Swimming **OME** (online meet entry) at www.usaswimming.org/ome. All relays and swimmers will automatically be entered at their best times with the OME system. A confirmation by email will acknowledge receipt of entries. Entrants are responsible for following up if acknowledgement is not received. Please bring a copy of all communications with you to the meet. Please contact USA Swimming with any questions on the OME system.

Late entries: If an athlete achieves a new meet qualifying time between the specified meet entry deadline and the Sunday prior to the start of the meet, the athlete may enter that event. Late entries may be made by personal delivery, faxing or emailing: 1) a scan of the meet results for the new qualifying time; and, 2) a new entry spreadsheet or AZSI/USAS Meet Entry Card. Late entries are subject to times verification. In all cases, delivery of Late Entries must be received no later than 12 noon on the Monday prior to the start of the meet. It is the sole responsibility of the team submitting Late Entry(s) to confirm their timely receipt. Newly achieved qualifying standards may not be used to improve the seed time of a previously submitted individual entry but may be allowed to complete a relay team not previously entered.

Entry deadline: Entries may be submitted on line beginning **June 15, 2014** and will be accepted through **July 10, 2014**. Updates for improved seed times will be allowed on the OME system through **July 10, 2014**.

Entry Fees:

LSC Surcharge:	\$6.00
Individual Events:	\$6.00
Relay Events:	\$12.00
Individual Time Trials:	\$12.00

Entries fees must be paid by the start of the first session of the meet. Please make checks payable to Swim Neptune.
NO REFUNDS

Scoring: Top 16 places will be scored. Only 2 relays per team per event will score.
Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 20, 8, 6, 4, 2

Awards:

Individual Events:	Medals for 1 st – 8 th place, Ribbons 9 th – 16 th place
Relay Events:	Medals for 1 st – 3 rd place
Individual High Point:	High Point: 1 st – 3 rd place
Team High Point:	1 st – 3 rd place for combined team score

The top three individuals and relay event awards will be announced and presented. Awards from Thursday, Friday, Saturday Finals will be presented prior to the start of the preliminary session the following day. Sunday awards will be presented during the Finals session after the 100 Breast, 100 Fly and after the last relays. The top three individual high point and team winners will be recognized and presented awards following the last event of the last session of the competition.

Officials: Please contact the Meet Referee to indicate availability for the meet. Attire for prelims and Session I events is white over blue. Attire for evening finals is blue over khaki.

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Deck: The deck may be closed or partially closed at the direction of the Meet Referee. Only athletes or those acting in an Official capacity for the meet may enter the closed area.

Session I – July 17, 2014

Timed Finals – Warm-up: 3:00 pm / Meet Start: 4:00 pm

Girl's Event #	Qualifying Time	Event	Qualifying Time	Boy's Event #
1		10 & U 400 Free*		2
3		11-12 1500 Free*		4
5		13-14 1500 Free*		6

*Athletes are responsible for providing their own timers (2) for the 400 and 1500 Freestyle and their own lap counting for the 1500 Freestyle.

Session II – July 18, 2014

Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Girl's Event #	Qualifying Time	Event	Qualifying Time	Boy's Event #
7		13-14 200 Free		8
9		11-12 200 Free		10
11		10 &U 200 Free		12
13		11-12 50 Fly		14
15		10&U 50 Fly		16
17		13-14 100 Back		18
19		11-12 100 Back		20
21		10 &U 100 Back		22
23		11-12 200 Breast		24
25		13-14 200 Breast		26
27		10&U 100 Free		28
29		11-12 100 Free		30
31		13-14 100 Free		32
37		12&U 400 Free Relay		38
39		13-14 400 Free Relay		40
33		11-12 400 IM**		34
35		13-14 400 IM**		36

**Athletes are responsible for providing their own timers (2) in preliminary sessions.

Session III – July 18, 2014

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Girl's Event #	Qualifying Time	Event	Qualifying Time	Boy's Event #
7		13-14 200 Free		8
9		11-12 200 Free		10
11		10 &U 200 Free		12
13		11-12 50 Fly		14
15		10 &U 50 Fly		16
17		13-14 100 Back		18
19		11-12 100 Back		20
21		10&U 100 Back		22
23		11-12 200 Breast		24
25		13-14 200 Breast		26
27		10 &U 100 Free		28
29		11-12 100 Free		30
31		13-14 100 Free		32
33		11-12 400 IM		34
35		13-14 400 IM		36
37		12&U 400 Free Relay		38
39		13-14 400 Free Relay		40

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Session IV – July 19, 2014

Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Girl's Event #	Qualifying Time	Event	Qualifying Time	Boy's Event #
41		10&U 200 Med. Relay		42
43		12&U 200 Med. Relay		44
45		13-14 200 Med. Relay		46
47		10&U 200 IM		48
49		11-12 200 IM		50
51		13-14 200 IM		52
53		10&U 50 Back		54
55		11-12 50 Back		56
57		13-14 200 Fly		58
59		11-12 200 Fly		60
61		10&U 50 Breast		62
63		11-12 50 Breast		64
69		13-14 800 Free Relay		70
65		13-14 400 Free**		66
67		11-12 400 Free**		68

**Athletes are responsible for providing their own timers (2) in preliminary sessions.

Session V- July 19, 2014

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Girl's Event #	Qualifying Time	Event	Qualifying Time	Boy's Event #
41		10&U 200 Med. Relay		42
43		12&U 200 Med. Relay		44
45		13-14 200 Med. Relay		46
47		10&U 200 IM		48
49		11-12 200 IM		50
51		13-14 200 IM		52
53		10&U 50 Back		54
55		11-12 50 Back		56
57		13-14 200 Fly		58
59		11-12 200 Fly		60
61		10&U 50 Breast		62
63		11-12 50 Breast		64
65		13-14 400 Free		66
67		11-12 400 Free		68
69		13-14 800 Free Relay		70

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Session VI – July 20, 2014

Preliminaries – Warm-up: 7:00 am / Meet Start: 8:30 am

Girl's Event #	Qualifying Time	Event	Qualifying Time	Boy's Event #
71		10&U 200 Free Relay		72
73		12&U 200 Free Relay		74
75		13-14 200 Free Relay		76
77		13-14 100 Breast		78
79		11-12 100 Breast		80
81		10&U 100 Breast		82
83		13-14 200 Back		84
85		11-12 200 Back		86
87		10&U 100 Fly		88
89		11-12 100 Fly		90
91		13-14 100 Fly		92
93		10&U 50 Free		94
95		11-12 50 Free		96
97		13-14 50 Free		98
103		12&U 400 Med. Relay		104
105		13-14 400 Med. Relay		106
99		11-12 800 Free***		100
101		13-14 800 Free***		102

***Athletes are responsible for providing their own timers (2) and lap counting in preliminary sessions.

Session VII – July 20, 2014

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

Girl's Event #	Qualifying Time	Event	Qualifying Time	Boy's Event #
71		10&U 200 Free Relay		72
73		12&U 200 Free Relay		74
75		13-14 200 Free Relay		76
77		13-14 100 Breast		78
79		11-12 100 Breast		80
81		10&U 100 Breast		82
83		13-14 200 Back		84
85		11-12 200 Back		86
87		10&U 100 Fly		88
89		11-12 100 Fly		90
91		13-14 100 Fly		92
93		10&U 50 Free		94
95		11-12 50 Free		96
97		13-14 50 Free		98
103		12&U 400 Med. Relay		04
105		13-14 400 Med. Relay		106