

NORTH COAST AQUATICS

A/B All Ages LC Meet ★ May 28-30, 2010



Girls						Boys															
B min		A min		Age		Dist/Stroke		A min		B min											
Warmup 4:00pm						Friday, May 28, 2010						Meet Starts 5:00pm									
1	6:18.80	5:47.30	12/Un	A/B	400	FREE	5:46.60	6:18.10	2	3	12:31.70	11:29.00	12-Ov	A/B	800	FREE	11:01.20	12:01.30	4		
Warmup 7:15am						Saturday, May 29, 2010						Meet Starts 8:30am									
MORNING SESSION																					
5	1:49.70	1:40.50	10/U	A/B	100	FLY	1:40.70	1:49.80	6	7	1:35.30	1:27.30	11-12	A/B	100	FLY	1:28.10	1:36.10	8		
9	1:10.30	58.60	8/U	A/B	50	BRST	57.10	1:08.50	10	11	56.00	51.40	9-10	A/B	50	BRST	51.40	56.00	12		
13	50.20	46.00	11-12	A/B	50	BRST	45.60	49.80	14	15	1:05.30	54.40	8/U	A/B	50	BACK	53.20	1:03.80	16		
17	50.60	46.40	9-10	A/B	50	BACK	46.30	50.50	18	19	45.40	41.60	11-12	A/B	50	BACK	42.00	45.80	20		
21	3:49.30	3:30.20	10/U	A/B	200	IM	3:31.20	3:50.40	22	23	3:25.00	3:07.90	11-12	A/B	200	IM	3:08.20	3:25.30	24		
25	1:59.20	1:39.30	8/U	A/B	100	FREE	1:35.50	1:54.60	26	27	1:32.00	1:24.40	9-10	A/B	100	FREE	1:23.90	1:31.60	28		
29	1:22.40	1:15.60	11-12	A/B	100	FREE	1:15.10	1:22.00	30	AFTERNOON SESSION											
31	2:48.10	2:34.10	13-14	A/B	200	FREE	2:28.50	2:42.00	32	33	2:46.20	2:32.30	15-Ov	A/B	200	FREE	2:21.80	2:34.70	34		
35	3:43.00	3:24.40	13-14	A/B	200	BRST	3:15.20	3:33.00	36	37	3:41.90	3:23.40	15-Ov	A/B	200	BRST	3:03.70	3:20.40	38		
39	1:27.60	1:20.30	13-14	A/B	100	FLY	1:16.70	1:23.61	40	41	1:26.40	1:19.20	15-Ov	A/B	100	FLY	1:13.90	1:20.60	42		
43	3:19.60	3:02.80	13-14	A/B	200	BACK	2:53.30	3:09.20	44	45	3:12.70	2:56.50	15-Ov	A/B	200	BACK	2:45.50	3:00.70	46		
47	3:13.40	2:57.30	13-14	A/B	200	IM	2:49.00	3:04.30	48	49	3:12.00	2:56.00	15-Ov	A/B	200	IM	2:41.00	2:55.70	50		
51	1:18.50	1:11.90	13-14	A/B	100	FREE	1:07.90	1:14.00	52	53	1:17.80	1:11.30	15-Ov	A/B	100	FREE	1:04.50	1:10.30	54		
Warmup 7:15am						Sunday, May 30, 2010						Meet Starts 8:30am									
MORNING SESSION																					
55	3:19.30	3:02.70	10/U	A/B	200	FREE	3:02.40	3:19.00	56	57	2:57.70	2:42.90	11-12	A/B	200	FREE	2:43.60	2:58.40	58		
59	2:02.40	1:52.20	10/U	A/B	100	BRST	1:52.90	2:03.10	60	61	1:49.10	1:40.00	11-12	A/B	100	BRST	1:40.10	1:49.20	62		
63	54.70	45.60	8/U	A/B	50	FREE	44.40	53.30	64	65	41.90	38.40	9-10	A/B	50	FREE	38.10	41.50	66		
67	38.00	34.90	11-12	A/B	50	FREE	34.40	37.60	68	69	1:02.40	52.00	8/U	A/B	50	FLY	52.70	1:03.20	70		
71	47.20	43.20	9-10	A/B	50	FLY	43.10	47.00	72	73	41.90	38.40	11-12	A/B	50	FLY	39.20	42.70	74		
75	1:50.30	1:41.00	10/U	A/B	100	BACK	1:41.30	1:50.50	76	77	1:37.60	1:29.40	11-12	A/B	100	BACK	1:30.70	1:39.00	78		
AFTERNOON SESSION																					
79	6:55.10	6:20.40	13-14	A/B	400	IM	6:00.20	6:33.00	80	81	6:37.70	6:04.50	15-Ov	A/B	400	IM	5:41.70	6:12.80	82		
83	1:42.51	1:33.90	13-14	A/B	100	BRST	1:29.20	1:37.30	84	85	1:43.20	1:34.60	15-Ov	A/B	100	BRST	1:25.60	1:33.40	86		
87	36.40	33.30	13-14	A/B	50	FREE	30.20	33.00	88	89	35.80	32.80	15-Ov	A/B	50	FREE	29.80	32.50	90		
91	3:17.40	3:00.90	13-14	A/B	200	FLY	2:53.10	3:08.90	92	93	3:13.00	2:56.90	15-Ov	A/B	200	FLY	2:40.30	2:54.80	94		
95	1:32.90	1:25.10	13-14	A/B	100	BACK	1:22.10	1:31.60	96	97	1:32.20	1:24.40	15-Ov	A/B	100	BACK	1:18.60	1:25.80	98		
99	5:47.60	5:18.70	13-Ov	A/B	400	FREE	4:59.20	5:26.40	100												

Notes: Swimmers may only swim four events per day.